

New Ground for Maggie Beer Foundation

With special thanks to a grant from The Yulgilbar Foundation, for the first time ever, Maggie Beer is heading to Northern NSW this year with her program, 'Creating An Appetite For Life'!

Sharing specialised information and workshops that regional communities have not previously been able to access, Maggie explains...

"My aim is to inspire and challenge chefs and cooks from regional aged care homes to create wholesome, memorable, low cost meals, every day in their kitchens"

Running a total of three separate one-day workshops for chefs and cooks working in Northern NSW, these are strictly limited to 30 cooks and chefs per location, at a cost of just \$100.

A concentration of hands-on experience with cooking activities across the day, the workshop focuses on fresh thinking around aged care specific recipes, making the most of the local produce on offer in each region. Chefs and cooks who attend will also have the opportunity to apply for a Wellbeing Gardens Grant; which will support the development of a new garden in their aged care home.

Whilst Maggie is road tripping through Northern NSW she will also be offering two ground breaking workshops tailored to those in decision making roles in aged care. 'Food For Thought' Workshops are dedicated to opening a dialogue with CEOs and managers in aged care in Northern NSW, troubleshooting the issues that may be hampering full flavoured, wholesome food being enjoyed in homes.

PLACES ARE LIMITED - REGISTER VIA THE LINKS BELOW

'Creating An Appetite For Life' Aged Care Chefs & Cooks Workshops

BALLINA - WEDNESDAY 8 MARCH

GRAFTON - THURSDAY 9 MARCH

ARMIDALE - MONDAY 13 MARCH

'Food For Thought' CEO Workshops

GRAFTON - FRIDAY 10 MARCH

ARMIDALE - TUESDAY 14 MARCH

For enquiries email info@maggiebeerfoundation.org.au or call (03) 9572 4267



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